

HEALTH SCREENING

PACKAGES

Find The Right Package For You



Book Yours Today

- 1. Prices stated are inclusive of GST.
- 2. Partner privileges are available. For more information, please scan the QR code.



+65 6566 3311



www.acumed.com.sg



enquiry@acumed.com.sg



Getting Ready for Your Screening

Before Your Screening



Option

 Prior fasting of at least 8-10 hours to your appointment is required. Only consumption of plain water is allowed.

- Routine medication for heart conditions/high blood pressure can be consumed.
- For diabetic patients, please refrain from taking your diabetic medication on the morning of your appointment.
- For ladies: Pap smear, urine and stool tests should be done at least 5 days before or after your menstruation cycle.



- Please note that these packages use the result of Direct LDL vs the usual Cholesterol LDL which may produce raised values and sometimes be attributed to food and drink consumption within a few hours before the screening.
- This may require a repeat test of fasting lipid profile to get a more accurate representation of your health condition.
- Non-Fasting option is however not suitable for individuals with anemia.
- For individuals who are considering abdominal ultrasound tests, fasting is still required.

On the Day of Your Screening



- Bring along your identification document (NRIC/Work Pass Card /Passport).
- Schedule an appointment for a postreview with your doctor after completing your screening.

After Your Health Screening



- Your report will be ready within 5 7 working days.
- Post-review (In-clinic/ Teleconsultation):
 Our Doctor can discuss your report and and provide recommendations as necessary.







f acumedmedicalgroup



ACTIVE

\$47

(\$43.12 W/O GST)

Physical Examination

- Height & Weight
- Blood Pressure
- Vision

Diabetes Screen

- · Blood Glucose Levels or
- Glucose (Random) + HbA1c (if non-fasting)

Cholesterol Screen

- Total Cholesterol, HDL Cholesterol, Total/HDL Ratio
- LDL Cholesterol or Direct LDL (if non-fasting)
- Triglycerides

ELEVATE

\$80

(\$73.39 W/O GST)

Physical Examination Diabetes Screen Cholesterol Screen Kidney Screen (Basic)

Liver Screen (Comprehensive)

- · GGT, AST, ALT
- Total Bilirubin
- Alkaline Phosphatase
- Total Protein
- Albumin, Globulin, Alb/Glob Ratio

Haematology Screen (Basic)

- Haemoglobin
- Total RBC, Total WBC, Platelets, PBF, RBC Indices

Urine Analysis

• Urine FEME

DYNAMIC

\$58

(\$53.21 W/O GST)

Physical Examination
Diabetes Screen
Cholesterol Screen

Liver Screen (Basic)

GGT, AST, ALT

Kidney Screen (Basic)

- Urea
- Creatinine
- eGFR

FRESH

\$91

(\$83.49 W/O GST)

Physical Examination

Diabetes Screen

Cholesterol Screen

Liver Screen (Comprehensive)

Haematology Screen (Comprehensive)

- Haemoglobin, Total RBC, Total WBC, Platelets, PBF, RBC Indices
- Differential Counts, ESR

Bone & Joint Screen (Basic)

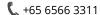
Uric Acid

Kidney Screen (Comprehensive)

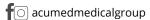
- Urea, Creatinine, eGFR
- Potassium, Sodium, Chloride, Bicarbonate

Urine Analysis











GLOW

\$113

(\$103.67 W/O GST)

Physical Examination
Diabetes Screen
Cholesterol Screen
Liver Screen (Comprehensive)
Kidney Screen (Comprehensive)
Haematology Screen

Bone & Joint Screen

- Uric Acid
- Calcium, Phosphate

Thyroid Screen

• Free T4, Thyroid Stimulating Hormone (TSH)

Hepatitis Screen

- Hepatitis A
- Hepatitis Bs Antibodies & Antigen

Urine Analysis

ECG

PRIME

\$167

(\$153.21 W/O GST)

Physical Examination Diabetes Screen

- Blood Glucose
- HbA1c

Cholesterol Screen Liver Screen Kidney Screen Haematology Screen Bone & Joint Screen Thyroid Screen

Hepatitis Screen

- Hepatitis A
- · Hepatitis Bs Antibodies & Antigen
- Hepatitis C

Autoimmune Screen

· Rheumatoid Factor

Cancer Screen (Basic)

- Liver (AFP)
- Colon (CEA)

Urine Analysis

ECG

REJUVENATE

\$222

(\$203.67 W/O GST)

Physical Examination

Diabetes Screen

Cholesterol Screen

Liver Screen

Kidney Screen

Haematology Screen

Bone & Joint Screen

Thyroid Screen

Hepatitis Screen

Autoimmune Screen

Cancer Screen (Comprehensive)

- Liver (AFP)
- Colon (CEA)
- Gastrointestinal (CA-19.9)
- Nasopharyngeal (EBV EA + EBNA-1 IgA)
- Breast (CA-15.3) ♀
- Ovary (CA-125)
- Prostate (PSA)

Urine Analysis

ECG







STRENGTH

S320

(\$293.58 W/O GST)

TENACITY

S363

(\$333.03 W/O GST)

VITALITY

(\$393.58 W/O GST)

Physical Examination Diabetes Screen Cholesterol Screen **Liver Screen (Comprehensive) Kidney Screen (Comprehensive) Haematology Screen Bone & Joint Screen Thyroid Screen Hepatitis Screen Autoimmune Screen** Cancer Screen (Comprehensive) Cardiac Risk Screen

HS C-Reactive Protein (HS CRP)

Blood Group

ABO Blood Group

Urine Analysis ECG

Physical Examination

Diabetes Screen

Cholesterol Screen

Liver Screen

Kidney Screen

Haematology Screen

Bone & Joint Screen

Thyroid Screen

Hepatitis Screen

Autoimmune Screen

Cancer Screen

Cardiac Risk Screen

Blood Group

Urine Analysis

Stool Analysis

Stool Occult Blood Test

ECG

ULTRA

(\$363.30 W/O GST)

Add-on Pap Smear to Tenacity

Physical Examination Diabetes Screen Cholesterol Screen Liver Screen Kidney Screen Haematology Screen Bone & Joint Screen Thyroid Screen Hepatitis Screen Autoimmune Screen Cancer Screen Cardiac Risk Screen

Vitamin Screen (Basic)

• 25-Hydroxyvitamin D

Urine & Stool Analysis ECG

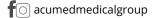
PAP Smear O

Blood Group











Physical Examination Diabetes Screen Cholesterol Screen Liver Screen Kidney Screen

Haematology Screen Bone & Joint Screen

Thyroid Screen Hepatitis Screen

Autoimmune Screen

Cancer Screen

Cardiac Risk Screen

Blood Group

Vitamin Screen

(Comprehensive)

- 25-Hydroxyvitamin D
- Folate (Folic Acid)
- Transferrin Saturation
- Iron, TIBC, Ferritin

Urine & Stool Analysis ECG

Pap Smear ♀

Physical Examination

- · Height & Weight
- Blood Pressure
- Vision

ZEST

Diabetes Screen

- Blood Glucose Levels
- HbA1c

Cholesterol & Cardiac Risk Screen

- Total Cholesterol, HDL Cholesterol, Total/HDL Ratio, Triglycerides
- LDL Cholesterol or *Direct LDL (if non-fasting)*
- HS C-Reactive Protein (HS CRP)

Liver Screen (Full)

- GGT, AST, ALT
- Total Bilirubin, Alkaline Phosphatase, Total Protein, Albumin, Globulin, Alb/Glob Ratio

Kidney Screen (Full)

- Urea, Creatinine, eGFR
- Potassium, Sodium, Chloride, Bicarbonate

Haematology Screen

- Haemoglobin, Total RBC, Total WBC, Platelets, PBF, RBC Indices
- · Differential Counts, ESR

Bone & Joint Screen

• Uric Acid, Calcium, Phosphate

Thyroid Screen

• Free T4, Thyroid Stimulating Hormone (TSH)

Hepatitis Screen

- Hepatitis A
- Hepatitis Bs Antibodies & Antigen
- Hepatitis C

Autoimmune Screen

Rheumatoid Factor

Cancer Screen

- Liver (AFP), Colon (CEA), Gastrointestinal (CA-19.9), Nasopharyngeal (EBV EA + EBNA-1 IgA)
- Breast (CA-15.3), Ovary (CA-125) ♀
- Prostate (PSA)

Blood Group

ABO Blood Group

Vitamin Screen

- 25-Hydroxyvitamin D
- Folate (Folic Acid), Transferrin Saturation, Iron, TIBC, Ferritin

Hormonal Screen

- Estradiol (E2)
- Follicle Stimulating Hormone (FSH)
- Progesterone
- Testosterone
- Luteinizing Hormone (LH)
- Prolactin

Urine & Stool Analysis

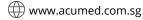
• Urine FEME, Stool Occult Blood Test

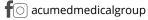
ECG

Pap Smear 9









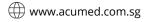


HEALTH SCREENING PACKAGES

PACKAGES PRICE (w/GST)	ACTIVE \$47	DYNAMIC \$58	ELEVATE \$80	FRESH \$91	GLOW \$113	PRIME \$167	REJUVENATE \$222	STRENGTH \$320	TENACITY \$363	VITALITY \$429	WELLNESS \$538	ZEST \$647
Height & Weight	√	√	√	√	√	√	√	√	√	√	√	√
Blood Pressure Measurement	√	√	√	√	√	√	√	✓	√	√	√	√
Vision Test	√	√	✓	√	√	✓	✓	√	√	√	√	√
INVESTIGATION												
ECG					√	√	√	✓	√	√	√	\checkmark
PAP SMEAR Q									Ultra +\$33	√	√	√
DIABETES SCREEN - Measures the lev	el of sugar in you	r blood										
Blood Glucose *Glucose (Random) + HbA1c (If non- fasting)	√	✓	√	√	✓	√	√	√	✓	√	✓	√
HbA1c						√	✓	✓	✓	✓	√	√
CHOLESTEROL & CARDIAC RISK SCR	REEN - Determines	s your risk of develo	ping cardiovascul	ar diseases such a	s heart attack							
Full Cholesterol Profile *Direct LDL (If non-fasting)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	√
HS C-Reactive Protein (HS CRP)								√	√	✓	√	√
LIVER SCREEN - Determines the hea	lth of your liver											
Basic - GGT, AST , ALT		✓	✓	✓	✓	✓	√	✓	√	√	√	✓
Comprehensive - Total Bilirubin. Alkaline Phosphatase, Total Protein, Albumin, Globulin, Alb/Glob Ratio			√	✓	√	✓	√	✓	✓	√	✓	✓
KIDNEY SCREEN - Determines the he	ealth of your kidn	еу		•	•			•		•		
Basic - Urea, Creatinine, eGFR		√	√	√	√	√	√	√	√	√	✓	\checkmark
Comprehensive - Potassium, Sodium, Chloride, Bicarbonate				✓	✓	✓	✓	✓	✓	✓	✓	√
BONE & JOINT SCREEN - Identifies y	our risk of bone o	and joint disorders										
Basic - Uric Acid				√	√	√	√	√	√	√	✓	√
Comprehensive - Phosphate, Calcium					✓	√	✓	✓	✓	✓	✓	✓
THYROID SCREEN - Measures the he	ealth of your thyro	oid gland, which pro	oduces hormones t	o regulate many b	ody functions		•					
Free T4, Thyroid Stimulating Hormone (TSH)					✓	✓	✓	✓	✓	✓	✓	√







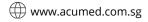


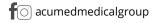
HEALTH SCREENING PACKAGES

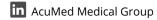
PACKAGES	ACTIVE	DYNAMIC	ELEVATE	FRESH	GLOW	PRIME	REJUVENATE	STRENGTH	TENACITY	VITALITY	WELLNESS	ZEST
PRICE (w/GST)	\$47	\$58	\$80	\$91	\$113	\$167	\$222	\$320	\$363	\$429	\$538	\$647
HAEMATOLOGY SCREEN - Provides insight	of your ove	rall health and ot	her conditions sucl	h as anaemia, bloo	d infection and luk	remia						
Basic - Haemoglobin, Total RBC, Total WBC, Platelets, PBF, RBC Indices			✓	✓	✓	✓	✓	\checkmark	✓	✓	✓	✓
Comprehensive - Differential Counts, ESR				✓	✓	√	✓	✓	✓	√	✓	✓
ABO BLOOD GROUP												
Blood Group								√	√	√	✓	✓
HEPATITIS SCREEN - Detects presence of liv	ver infection	n and/ or disease (and measures the	level of immunity			•		<u>'</u>			
Hepatitis A, Hepatitis Bs Ab + Bs Ag					$\sqrt{}$	$\sqrt{}$	√	\checkmark	$\sqrt{}$	√	✓	\checkmark
Hepatitis C						√	√	√	√	√	√	√
CANCER SCREEN - Detects potential presen	nce of cance	er					•					
Basic - Liver (AFP), Colon (CEA)						√	 	\checkmark	$\sqrt{}$	\checkmark	$\overline{}$	\checkmark
Comprehensive - Gastrointestinal (CA19.9), NasopharyIngeal (EBV EA + EBNA-1 IgA), Breast (CA - 15.3),Ovary (CA - 125) Prostate (PSA)							√	✓	√	√	√	√
AUTOIMMUNE SCREEN - Detects possible of	autoimmun	e condition like rh	eumatoid arthritis									
Rheumatoid Factor						√	√	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
VITAMIN SCREEN - Provides insight/ measu	ures the leve	els of various vita	nins and minerals	in your body								
25-Hydroxyvitamin D										√	√	✓
Folate (Folic Acid), Transferrin Saturation, Iron, TIBC, Ferritin										✓	✓	✓
HORMONAL SCREEN - Reveals information	about leve	els of hormones in	your body									
Estradiol (E2) Follicle Stimulating Hormone (FSH) Progesterone Testosterone Luteinizing Hormone (LH) Prolactin												1
URINALYSIS - Detects possible conditions s	such as urin	ary tract infection	s, kidney impairm	ent and presence o	f diabetes							
Urine FEME			√	√	√	√	√	\checkmark	\checkmark	\checkmark	$\sqrt{}$	\checkmark
STOOL ANALYSIS - Detects for colorectal is	ssues		•		•	•	•				•	
Stool Occult Blood Test									1	1	✓	√











CONVENIENT LOCATIONS

EASY BOOKING

Some locations we are at

Boon Lay

Joo Koon

Jurong West

Taman Jurong

Teban Gardens

Tuas Amenity Centre

Sengkang

Woodlands

Tanjong Pagar

Bedok

Tampines West

^Scan our QR code to view more locations and clinic operating hours



Locate Us



Book Now





