

FIND YOUR HEALTHIER BALANCE

It's not about a number on the scale. It's about feeling comfortable in your body — moving easily, sleeping well, and enjoying everyday life.

Our doctors are with you every step, from your first chat to keeping you on track long term.



A Personalised Approach

Care that works for your body. Our medical professionals may recommend treatment to manage appetite, control cravings, and improve metabolic function.

A personalized, doctor-led weight loss program integrating consultation, tailored treatment, and continued medical support for you.

Your Journey With Us

1

Medical Review

An in-depth consultation with our doctor — past medical history, current medication list and lifestyle habits.

2

Initial Health Profile

Comprehensive screening and blood tests to assess risk factors and your suitability for treatment.

3

Your Plan

A tailored programme focusing on lifestyle goals, pharmacotherapy, nutrition and activity.

4

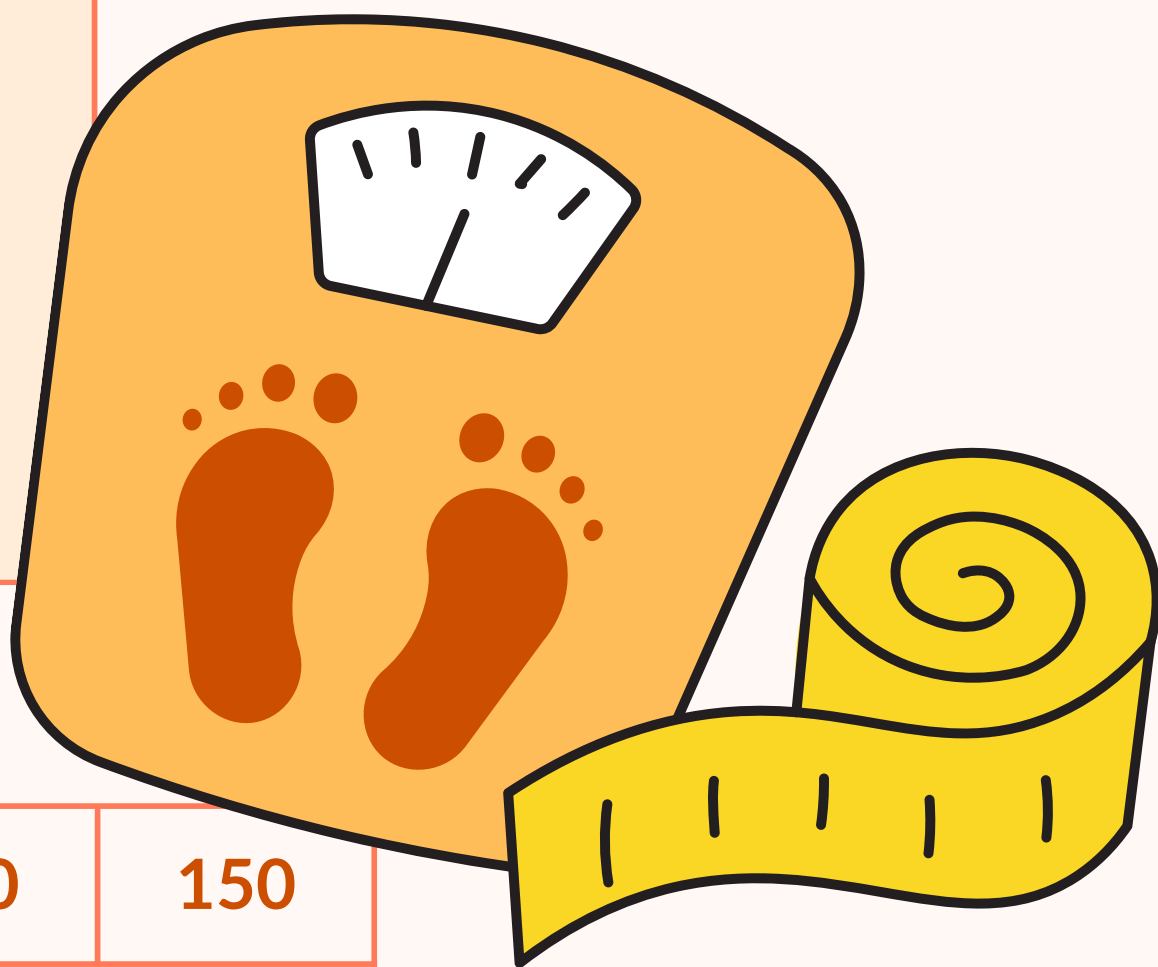
Ongoing Review

Regular follow-ups to monitor your progress, adjust medications and stay on track.

Is this programme for you?

- Adults with a BMI of ≥ 30 or
- Adults with a BMI of ≥ 27.5 with certain condition(s) — such as high blood pressure, cholesterol or diabetes

Suitability is decided by our doctor at consultation. Not every person is a candidate, and treatment is never prescribed without an assessment.



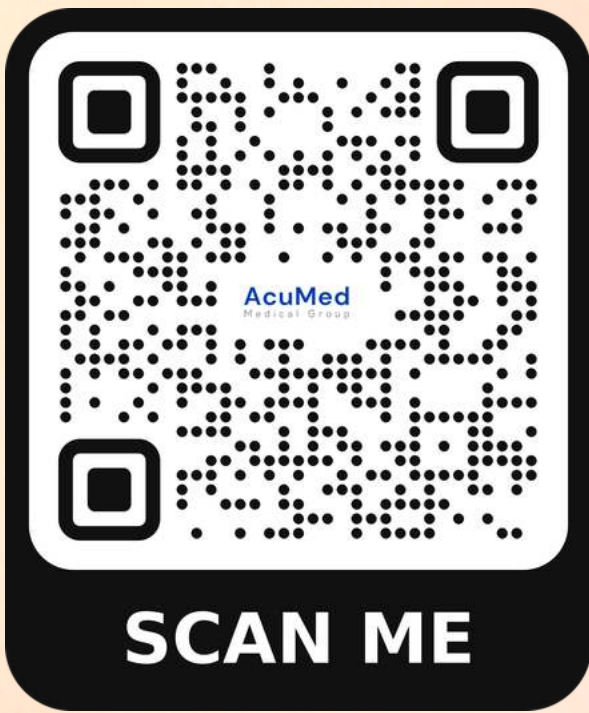
What a 10% Weight Loss Goal Looks Like

Current Weight (kg)	70	80	90	100	110	120	130	140	150
Projected Weight (kg)	63	72	81	90	99	108	117	126	135

Start a conversation with our Doctor.

Leave your contact details via the QR code and our medical professionals will reach out to you to arrange for a brief pre-consultation over the phone to share more about the programme.

After the pre-consultation, you may book your first weight management consultation (starting from \$30) at your preferred AcuMed clinic. We will walk through your lifestyle, your goals, and what a realistic plan looks like for you.



Weight management outcomes vary between individuals. This illustration shows a sample goal, not an expected result. Individual goals and progress vary, and our doctor will set targets suited to you. Please discuss the benefits, risks and possible side effects of any treatment with our doctor.
Prices listed are after GST and may be subject to changes.

FIND YOUR HEALTHIER BALANCE

It's not about a number on the scale. It's about feeling comfortable in your body — moving easily, sleeping well, and enjoying everyday life.

Our doctors are with you every step, from your first chat to keeping you on track long term.



What a 10% Weight Loss Goal Looks Like

Current Weight (kg)	70	80	90	100	110	120	130	140	150
Projected Weight (kg)	63	72	81	90	99	108	117	126	135

Recommended for adults with

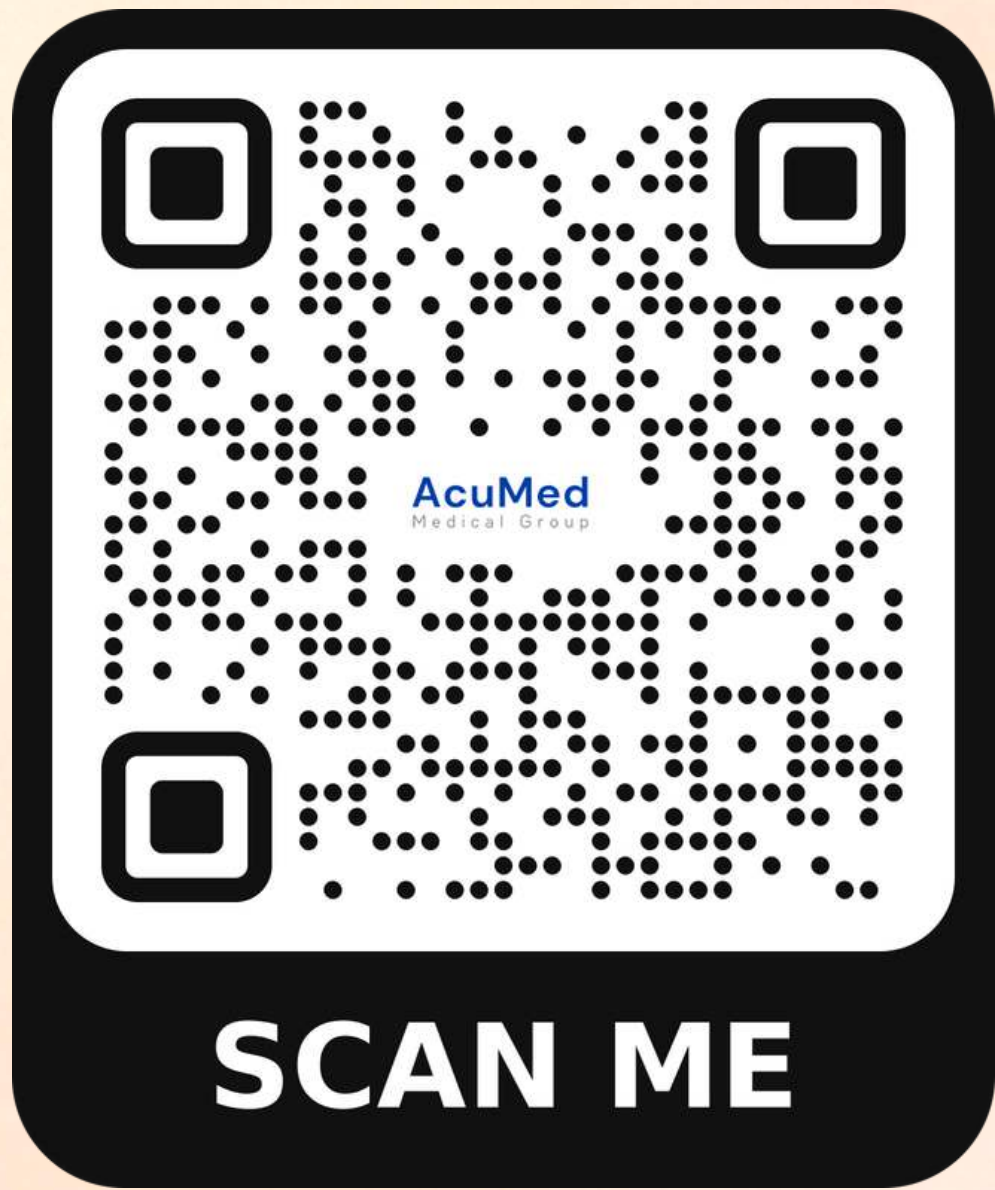
- BMI of ≥ 30 or
- BMI of ≥ 27.5 with certain condition(s) — such as high blood pressure, cholesterol or diabetes



Start a conversation with our Doctor.

Leave your contact details via the QR code and our medical professionals will reach out to you to arrange for a brief pre-consultation over the phone to share more about the programme.

After the pre-consultation, you may book your first weight management consultation (starting from \$30) at your preferred AcuMed clinic. We will walk through your lifestyle, your goals, and what a realistic plan looks like for you.



Suitability is decided by our doctor at consultation. Not every person is a candidate, and treatment is never prescribed without an assessment.